

Overview and update of Interior Health services

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Interior Health
Every person matters

Agenda

- * Introduction
- * IH Key Strategies
- * Overview: Community Health services
- * Overview: Mental Health and Substance Use services
- * Overview: Healthy Communities
- * Partnership Agreement
- * Discussion and questions

What influences our health?

FIG 1.3 Canada's Social Determinants of Health

10%

YOUR ENVIRONMENT

AIR QUALITY
CIVIC INFRASTRUCTURE

15%

YOUR BIOLOGY

BIOLOGY
GENETICS

25%

YOUR HEALTH CARE

ACCESS TO HEALTH CARE
HEALTH CARE SYSTEM
WAIT TIMES

50%

YOUR LIFE

INCOME
DISABILITY
EDUCATION
SOCIAL EXCLUSION
SOCIAL SAFETY NET
GENDER
RACE

ABORIGINAL STATUS
EARLY CHILDHOOD DEVELOPMENT
EMPLOYMENT/WORKING CONDITIONS
SAFE AND NUTRITIOUS FOOD
HOUSING/HOMELESSNESS
COMMUNITY BELONGING



Source: Adapted from: Canadian Medical Association. Health equity and the social determinants of health. 2012.¹⁹ Original data source: Standing Senate Committee on Social Affairs, Science and Technology. The health of Canadians – the federal role. Volume 1 – the story so far; 2001.¹⁸

What challenges are we facing?



1 in 3 people have a chronic disease



1 in 5 children live in poverty



We rely too much on cars instead of our feet



Housing is unaffordable for many



We are getting older



Many of us suffer or are impacted by mental health



Many do not have access to healthy foods



Health inequities exist in our communities



High demand, cost, and pressures on our emergency services and health care system



IH key strategies



How do we deliver services?



Community and home care services

*Example: West Kelowna Health Centre
– Acorn Plaza*



Hospital services (inpatient & outpatient)

Example: Kelowna General Hospital



Long-term care services (long-term care, adult day programs)

*Example: Village at Smith Creek,
Brookhaven*

Photos retrieved from:

<https://www.baptisthousing.org/communities/village-smith-creek-west-kelowna>

<https://canadawestrealty.com/commercial/>

Community Health Services

- * Home Care services (clinic based and home based)
- * Long term care (facility based)
- * Home Support in the person's home
- * Funded Assisted Living
- * Adult Day Program
- * Outreach to people's homes for PT, OT, Respiratory therapy
- * Palliative care nursing in people's home
- * Diabetes Clinic
- * Baby and Immunization clinic
- * Public Health Nursing
- * Social Work
- * Prenatal Care
- * Caregiver Support

IH contracts and partnerships

- * Youth & Family Services
 - * For example: School District 23
- * Home Based Support & Housing Services
 - * For example: The Bridge Youth & Family Services
- * Senior Services
 - * For example: Westside Health Network Society
- * Community Services
 - * For example: Living Positive Resource Centre, Options for Sexual Health

Mental Health & Substance Use

Services: West Kelowna

- * Acute Care Services (KGH)
- * Adult Community Mental Health Service
- * Substance Use Services and Addiction Medicine
- * Crisis Response team and Police and Crisis team (PACT)
- * Cedar Sage Health and Wellness Clinic
- * Youth Intensive Case Management and Early Psychosis Intervention (Foundry location)
- * Tertiary Adolescent Psychiatry Unit
- * Developmental Disabilities Mental Health (DDMH) – Regional
- * Interior Health Children's Assessment Network (IHCAN) – Regional

Substance use continuum



INTERIOR HEALTH SUBSTANCE USE SERVICE CONTINUUM

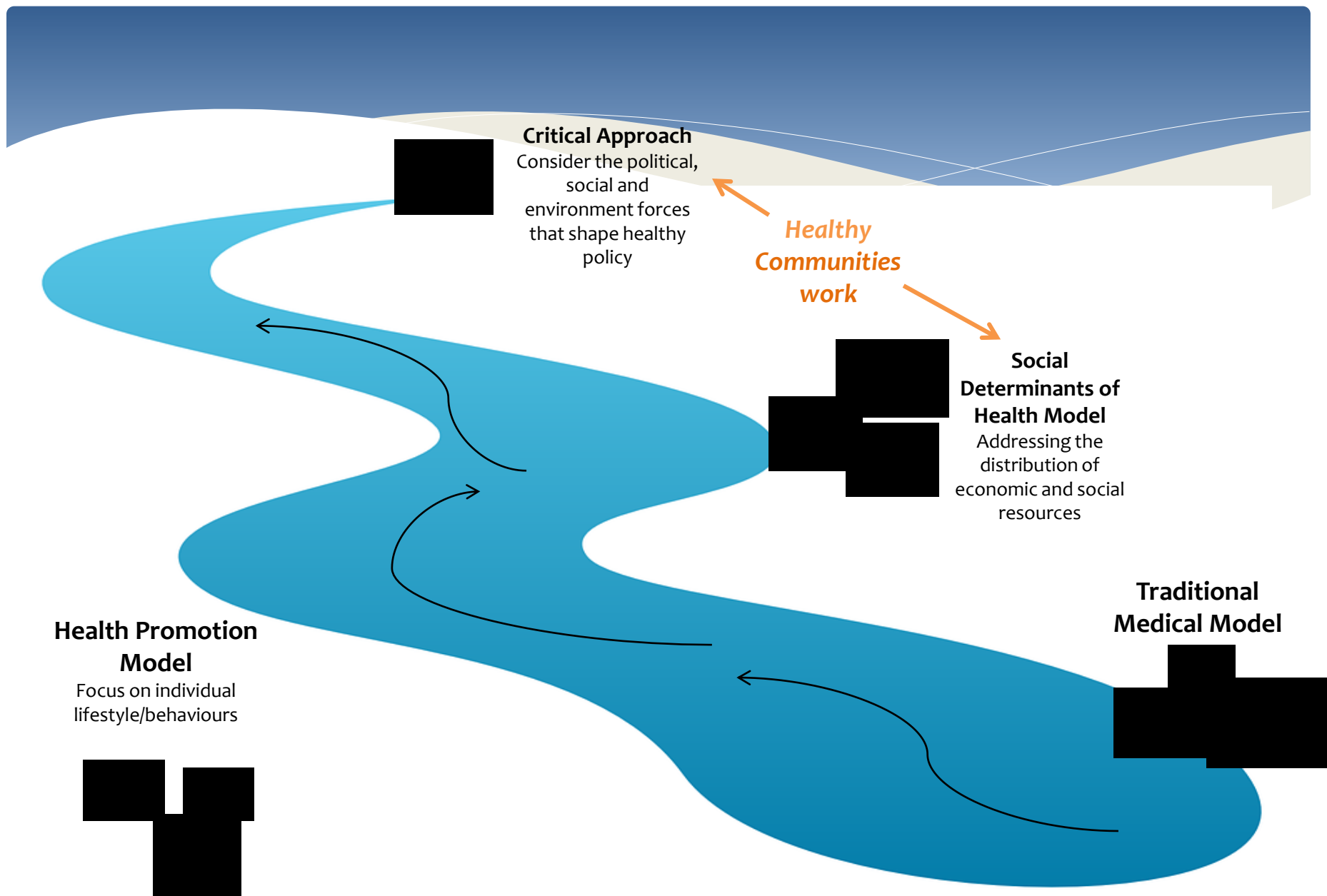
Developed: 29/05/19
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Interior Health provides a wide range of substance use services, from prevention to intensive treatment for all ages.
Improving the health and well-being of people with substance use problems. Services support people across the lifespan.



Developed By: Sheri Keetch, Project Support Coordinator
Endorsed By: Corinne Dolman, MHSU Director





Role of Local Government

*"Many would be surprised to learn that the greatest contribution to the health of the nation over the past 150 years was made not by doctors or hospitals **but by local government.**"*

- "The Health of a City" by Dr. Jessie Parfitt a public health physician from Oxford, England

How local governments influence health



IH-West Kelowna

- * Community Action Team Application Support
- * Brown Road Temporary Housing Committee
- * Partners for a Healthy Downtown
- * Harm Reduction Outreach
- * Active Partnership with WFN
- * HUB/Situation Table
- * City of West Kelowna: Development Services
- * Central Okanagan Poverty Reduction – Community Wellbeing Analysis
- * Regional Master Transportation plan

Partnership Agreement

- * Formalize a collaborative relationship between the City of West Kelowna and Interior Health
- * Collaborate on city plans, policies and initiatives using a health and equity lens
- * Support community level strategies and actions to improve the health of the community
- * Build community capacity through city staff and community organizations

Questions & Discussion

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