



**THIS IS BMX!**

### **This is what it looks like...**

From the moment that the starting gate slams down you and up to seven other racers blast at a full sprint toward the first obstacle, BMX racing will give you that rush of adrenaline you've been looking for. Big jumps can mean big air. Steep backsides, deep turns, and downhill sections can add up to massive speeds.

To realize the total thrill that BMX gives a rider, you really need to experience it. With over 300 BMX tracks located all around the country, there is surely a Canada BMX facility near you. Once you try BMX racing, we practically guarantee you'll be hooked for life.

Let's give our West Kelowna community a track so that we can see our kids and adults of all ages take advantage of an amazing sport.

As a growing city we are lacking in sport facilities and opportunities for the people who reside here. We would like to change that and we thank you for your support. We hope as a community we can all come together and make the dream a reality.

# West Kelowna

## THE GEAR

### WITH BIG REWARDS, COMES A LITTLE BIT OF RISK.

FACT: BMX racing isn't any more dangerous than other youth sports. Statistics have shown that kids in the traditional (less "extreme") sports such as basketball, football, baseball and soccer suffer more injuries than in BMX racing. The reason why, perhaps, is that USA BMX requires protective gear. You can't go on the track without it. *While the level or amount of safety gear is up to you, a rider must at least sport the basics of an approved helmet, long sleeve shirt and long pants.* Below, we introduce you to all of the safety gear that is available for you to protect every area of your body.

- Full face Helmut
- Jersey
- Riding pants
- Gloves
- Chest protector
- Appropriate close toed shoes
- Knee Pads
- BMX Bike

## Yearly Fee

Initial sign up is available on coaching and open track nights.

The fee is: \$65.00 + TAX

## Volunteers.

Volunteers are requested every coaching and race night. A first aid attendant is also required. We count on our selves and our BMX parents and community to volunteer.

## **PRACTICE AND RACE TIMES.**

### **COACHING EVERY SECOND FRIDAY**

5-5:30 Half track/Striders -NO CHARGE

5:30-6:15 Novice/Intermediate \$2

6:30-7:15 Advanced/Intermediate \$2

7:15-8pm OPEN GATES ALL ABILITIES - NO CHARGE

### **REGULAR PRACTICE EVERY OTHER FRIDAY**

5-5:30 Half track/Striders

5:30-6:15 10 and under

6:30-7:15 11 and over

7:15-8pm OPEN GATES ALL AGES

### **RACING MONDAY**

Half track Registration 5:45-6:15 Racing at 6:30 **\$3**

Full Track Registration 5:45-6:30 Racing at 7pm. **\$5**

## **Local BMX Tracks.**

- Vernon
- Rutland
- Penticton
- Kamloops
- Langley
- Whistler
- Chilliwack
- Osoyoos

**\*\*Most riders travel to multiple if not all tracks every week to gain points to go towards upgrading their level. This allows riders to move up, gain experience and potentially go to nationals. This also adds revenue into our city\*\***

## **Camp.**

Special guest coaches will come in such as "Kamp Kools" Fees range from \$90-\$300 for a multiple day summer camp of riding and fun. Kids love to come and gain more experience and learn from some of the best well known BMX riders.



## START A TRACK

Dear Potential Track Operator,

For the past 40 years, USA BMX has been providing countless people the opportunity to experience the world's greatest extreme sport, BMX! USA BMX is an association that was created by track operators, for track operators, to provide centralized rules and regulations as well as insurance, with a focus on superior customer service and support. With over 370 tracks across the US and Canada and over 70,000 members, it's obvious that USA BMX is a huge success, and can soon be shared with your community.

As you may or may not know, the sport of bicycle motocross (**BMX**) racing provides people of all ages a positive activity, which promotes competition and good sportsmanship. BMX by its very nature is an individual sport that involves the entire family. In BMX, "No One Sits on the Bench"! Riders compete not only by age but also by proficiency. This allows participants to race others who are of similar age and skill level. Thousands of people throughout the world can attest to the positive effects of being involved in BMX racing.

The growth of USA BMX has been phenomenal especially in the past several years. In fact, since 1996, USA BMX has doubled in the number of members and the number of sanctioned tracks across North America. This growth is due to the foundation that USA BMX laid over 40 years ago. This foundation of programs and philosophies is still the same today with only a few modifications to meet the needs of a changing society.

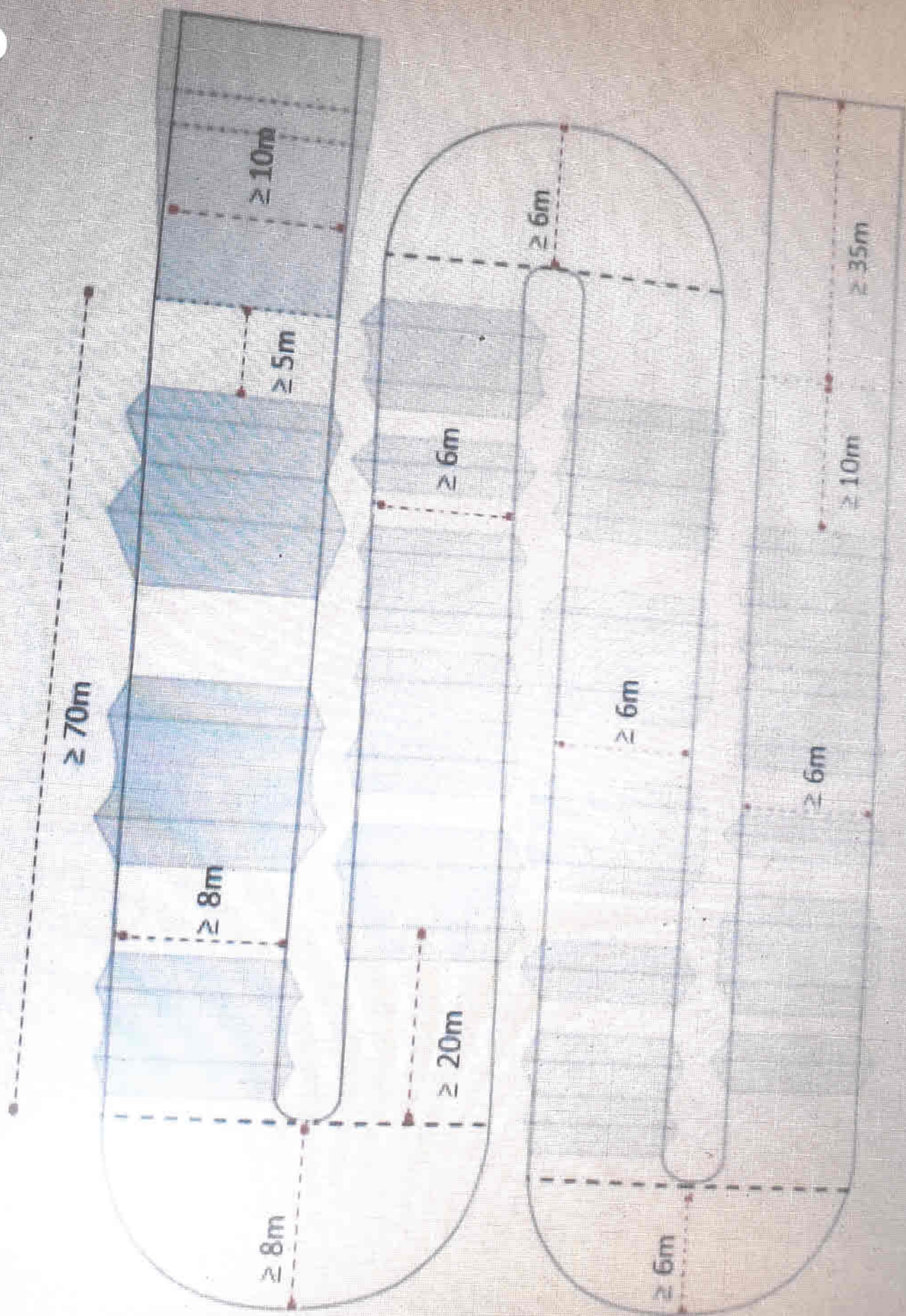
USA BMX has staff dedicated to help you construct a new BMX track and create an amazing racing program. Our team will work with you step by step to simplify the process and share our knowledge from 40 years of building successful BMX racing facilities. We have ample tools at your finger tips.

We have spoke to Lance Maguire at the American Bicycle Association and he has said they would be very excited to build us a track here in West Kelowna BC. They have come down to Kelowna and built the track in Rutland. With that being said if the City of West Kelowna and Council is on board with our dream of having a BMX track in our city, we will follow up with Lance and make this a reality for our community.











< Classic crossback chair

BMX track in Cumbernauld, Scotland >







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\$25000